

# CATALYST KITCHEN

BY THE LARDER

20  
22

October to November

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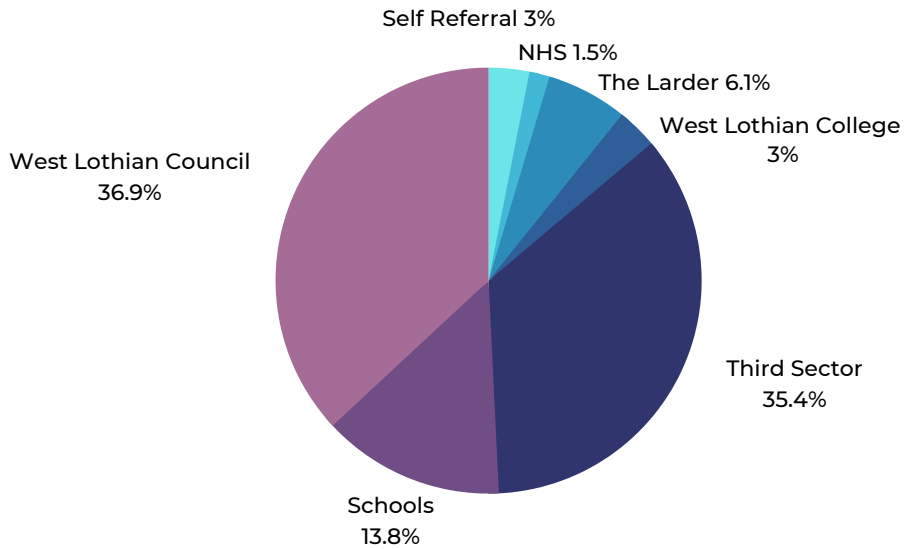
MONTHLY

**REPORT**



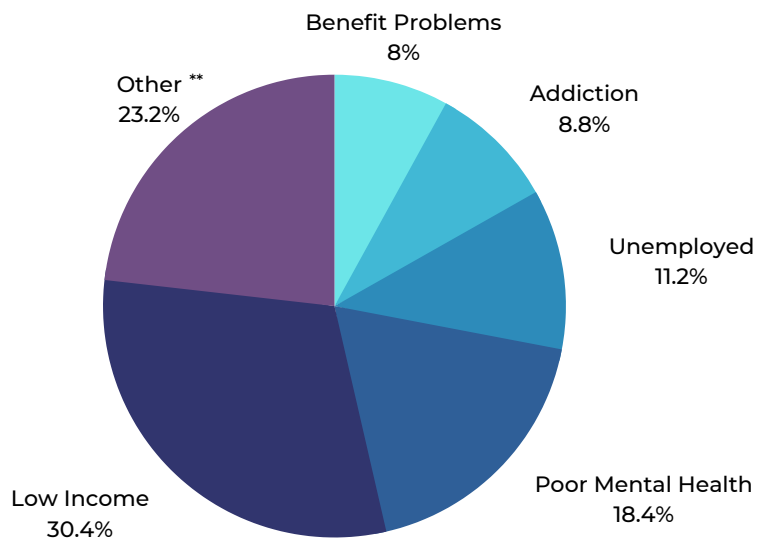
Catalyst Kitchen has seen a 29% increase in a one-month period from 271 to 350 beneficiaries. We have seen an increase in both families as well as service single users from a variety of partners [see Chart 1], with 36.9% coming from West Lothian FORT, 35.4% from the Third Sector and a small volume of referrals from the NHS, Social Work, Schools, West Lothian College as well as Self-Referrals and from The Larder's other projects.

**Chart 1. Referring Channels for Reporting Period**



The largest proportion of beneficiaries are referred due to Low Income 30.4%, Poor Mental Health 18.4% and Unemployment 11.2% throughout this period.

**Chart 2. Referral Reasons**



\*\* Other: Domestic Abuse, Caring Responsibilities, Disability, Poor Physical Health, Isolation

Chart 3 represents the beneficiaries residing in each Council ward.

**Chart 3. Referral Reasons**

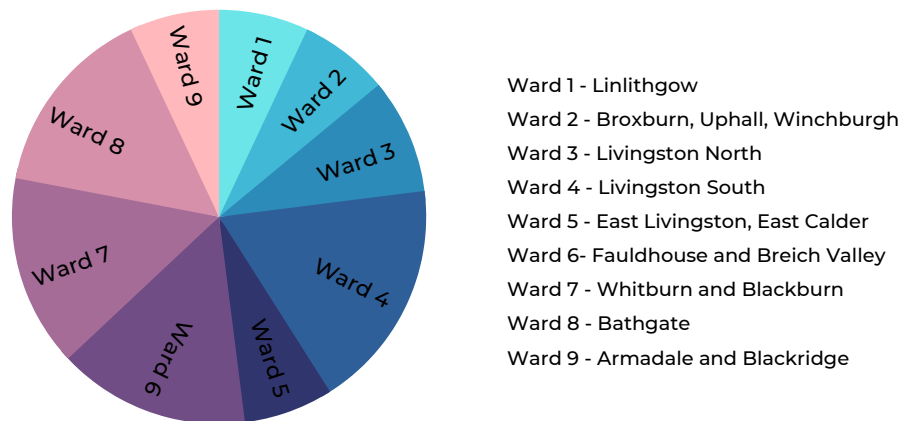
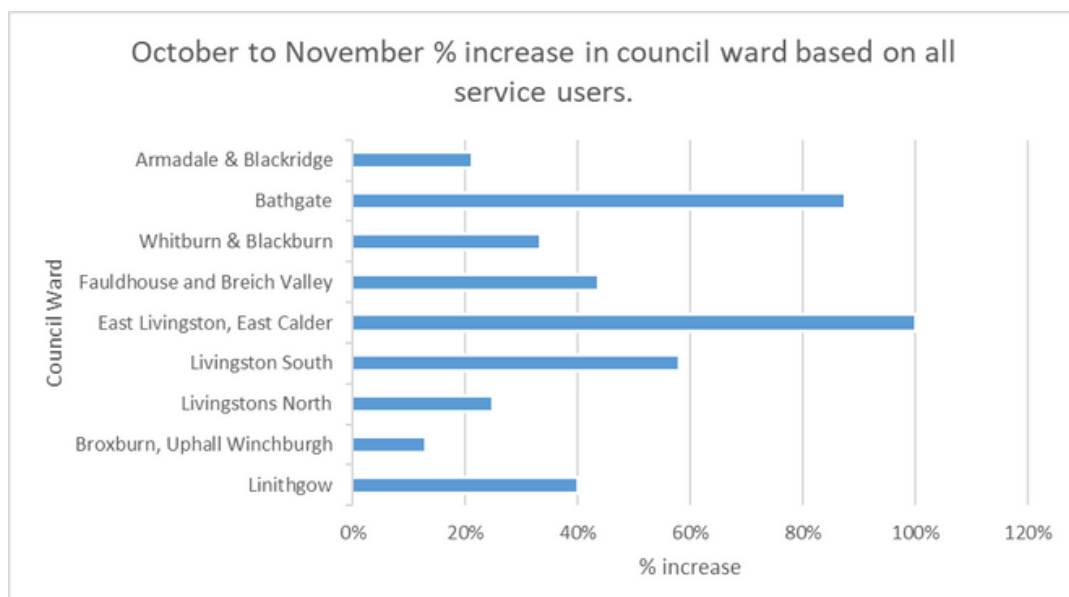


Chart 4 refers to the increase in referrals, per Council ward, for the reporting period. The largest increase was in East Livingston and East Calder, Bathgate, and Livingston South.

**Chart 4. % Increase of Beneficiaries Per Ward**



Over the last month, we have seen fewer people leaving the Catalyst Kitchen meal programme, as well as an increase in the number of referrals, and a 50% increase in meals requested from West Lothian College.

- 17.4% of beneficiaries are families, of which, 49% are single families
- 54% of lead beneficiaries are females
- The largest increase in referrals happened within the 1st week of November, largely as a result of the Christmas Meal Appeal.
- We are currently experiencing 14 new referrals, on average, per week